MINDWELL PSYCHOLOGY, LLP

Postdoctoral Fellowship in Psychology

2026 to 2027 Training Year

Locations	Albany, NY; Ithaca, NY; and Burlington, VT
Positions	1 to 3 fellows
Start date	September or October, contingent on the New York State limited permit
Schedule	Full time, 40 hours per week, Monday through Friday
Salary	$72,000 per year, plus benefits
Applications	Rolling; interviews begin in October. Send to Jeannette Correa, PhD, jeannette@mindwellcenter.com

PROGRAM OVERVIEW

MindWell is a group practice providing outpatient individual and group therapy to children, adolescents, adults, and couples. We are pleased to offer a postdoctoral fellowship in psychology for the 2026 to 2027 training year, with positions available at all three MindWell locations. We serve clients both in person and through telehealth, expanding access to care in underserved regions. Fellows benefit from consultation and resource sharing with clinicians across all sites, building a strong professional network and a diverse training experience.

At MindWell, we foster an anti-oppressive, anti-racist, and LGBTQ+ affirming approach to therapy. We are committed to a values-driven work culture that is supportive, inclusive, and encourages fellows to grow authentically as people and clinicians. We strive to build cohorts with varied backgrounds and experiences, and we strongly encourage applicants from underrepresented identities to apply.

We are seeking interpersonally effective clinicians skilled in research-based care, including CBT, ACT, DBT, IFS, and IPT. While each MindWell therapist brings their own style, we share a commitment to high-quality, culturally responsive, evidence-based treatment. The fellowship is open to graduates of clinical, counseling, or school psychology programs who have completed an APA-accredited internship.

TRAINING TRACKS

Adult Track

Fellows work with adults presenting with a range of concerns, such as ADHD, anxiety, depression, OCD, and PTSD.

Child and Adolescent Track

Fellows carry a caseload of children, adolescents, and families, with typical concerns including ADHD, anxiety, depression, ODD, and PTSD. Clinicians at MindWell typically take a CBT-informed approach to therapy.

Fellows may also have opportunities to:

- Receive exposure to and supplementary training from other members of our clinical staff
- Consult with teachers about patients' emotional and behavioral needs outside of therapy (Child and Adolescent Track)
- Consult on individual student behavior management plans (Child and Adolescent Track)
- Lead educational trainings and seminars for staff on topics such as managing stress and anxiety or behavior management

- Develop therapy groups based on their areas of expertise

SUPERVISION AND DIDACTICS

Fellows receive two hours of weekly individual supervision from licensed clinical psychologists and take part in regular case consultation with staff clinicians and predoctoral and master's level externs. Clinicians working primarily with adults attend a weekly adult consultation meeting, while those working with children and adolescents join a separate weekly consultation group. Fellows may also join monthly or biweekly specialty consultation groups that reflect the clinic's subspecialties, such as eating disorders and couples therapy.

Biweekly virtual seminars begin in January, so fellows across all sites can participate. Topics include clinical supervision, EPPP preparation, and career development, such as finding a position after fellowship. Fellows also receive a professional development fund to support EPPP preparation and licensure.

DUTIES

- Provide psychotherapy to approximately 25 scheduled clients per week; actual caseload may vary with client flow and biweekly clients
- Complete case notes, treatment plans, and other documentation promptly
- Work in person at the clinic, which is the default for all MindWell staff
- Participate in weekly case consultation, meetings, and seminars

This is a full-time fellowship (40 hours per week, Monday through Friday, approximately 9:00 am to 5:00 pm). Some scheduling flexibility is available based on client needs; for example, child and adolescent clinicians may start later to offer after-school appointments.

BENEFITS

- Salary of $72,000 per year
- Paid time off
- Health, dental, and vision insurance
- Supervised hours toward licensure
- Professional development fund
- Protected lunch hour
- Professional experience in a collaborative group practice

REQUIREMENTS

If you do not meet one or more of these requirements, please explain in your cover letter.

- Doctoral degree from a clinical, counseling, or school psychology program
- Completion of an APA-accredited internship
- Education and direct clinical training in modalities such as CBT, DBT, ACT, IFS, mindfulness-based treatments, and trauma-informed practices
- A commitment to anti-racist practice and safe, inclusive, identity-affirming care
- Excellent written and verbal communication skills, and a desire to be part of a team
- Dissertation defended and degree conferred before the start date, as required for a New York State limited permit, which all fellows must obtain; preference is given to applicants who have already defended

HOW TO APPLY

Please send the following to Jeannette Correa, PhD, Director of Clinical Training, at jeannette@mindwellcenter.com:

1. Letter of interest stating the track(s) and site(s) that interest you
2. Curriculum vitae
3. Two letters of recommendation from current or former clinical supervisors
4. One deidentified intake or assessment report

There is no formal deadline. Interviews are offered on a rolling basis beginning in October, and early applications are strongly encouraged. Applicants meet with at least two staff clinicians during the interview process.